

# JEWELL & THE BEANSTALK

## Salads & Apps

Beanstalk salads and apps

The following are based on 15-20 people

Salads:

Tuna mac w/ soy beans, herbs, celery, and light herb ranch dressing \$45

Pasta salad w/ :

celery, feta, olives, fresh herbs, sunflower seeds, w/ Italian dressing \$35

Tabouli : bulgar wheat, fresh parsley, tomatoes, lemon, onion

served w/ fresh breads \$45

Cracked wheat salad:

bulgar wheat, apples, pumpkin seeds, celery, raisins, curry, clove,  
& cinnamon \$35

Asian green & yellow bean salad:

, shaved carrot salad w/ orange & soy dressing \$45

Fresh fruit salad:

may include melons, grapes, kiwi, strawberries, pineapple \$45

Lentil salad:

w/ chopped zucchini, summer squash, carrots, & ginger \$25

Antipasto salad:

fresh greens w/ roasted zucchini, eggplant, olives, feta, buffalo mozz, fresh  
tomatoes, basil, salami, & ham served w/ fresh focaccia bread \$58

Veggie spring rolls:

served w/ side of chilli sauce \$45

Bruschetta:

served over herbed focaccia and french breads \$55